



Women's Mental
Health Specialists

Women's Mental Health Specialists
301 S. Perimeter Park Drive STU 100
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(615) 478-6748 office
(850) 308-0813

Date

[HR Manager's Name]

[Employer Name]

[Company Address]

[City, State ZIP Code]

Dear **[HR Manager's Name]**,

I am writing on behalf of Women's Mental Health Specialists regarding one of your valued employees, who is currently receiving care at our woman-focused mental health and wellness practice. We understand they are facing challenges with their current health benefits, including high deductibles, limited coverage, or exclusions that impact their ability to access the care they really need.

As a provider dedicated to mental health and wellness, we offer services that help individuals address challenges such as anxiety, depression, and stress management, all of which are critical to maintaining workplace productivity and personal well-being. When employees can access the mental health care they need, they are more engaged, focused, and satisfied at work—a direct benefit for employers like **[Employer Name]**.

The Concern

[Patient's Name] has shared challenges related to:

- **High Deductibles:** Significant out-of-pocket costs for their mental health care have created a financial barrier.
- **Coverage Gaps:** Certain services we provide, essential for maintaining mental wellness, are excluded under their policy.

How We Can Help

We offer mental health and wellness solutions designed to bridge these gaps and support employee well-being:

1. **Affordable Mental Health Subscriptions:** Our monthly subscription plans provide employees with accessible care, often at a fraction of traditional out-of-pocket costs, while allowing payments to apply toward deductibles.
2. **Convenient Telehealth Access:** All our services are available via telehealth, ensuring employees can access the care they need, no matter their schedule or location.

3. **Support for Single-Case Agreements:** Employers can request that their insurance provider offer a single-case agreement for this employee, ensuring coverage for necessary services in situations where policies typically exclude them.

What We Need

To better assist [Patient's Name] and others who may face similar challenges, we kindly request:

1. A review and clarification of [Employer Name]'s current health plan benefits, particularly concerning mental health and telehealth services.
2. Collaboration on exploring single-case agreements with your insurance provider to ensure this employee can access the care they need.
3. An opportunity to discuss how [Your Practice Name] can complement your existing benefits to improve employee access to mental health care and overall wellness support.

Next Steps

We would love to meet with your HR team to discuss how we can help address gaps in mental health care coverage and provide tailored support for your employees. Please contact me directly at [Your Email Address] or [Your Phone Number] to arrange a conversation or provide the requested details.

Thank you for considering this opportunity to enhance employee well-being. Supporting mental health and wellness is key to a happier, healthier, and more engaged workforce, and we're committed to being a part of that solution for [Employer Name].

Warm regards,

Stephanie Hubbell CNP PMHNP

